



# SACRED HEART PARISH

**Sunday 7th December 2025**

**2nd Sunday in Advent**



**Deacon: Joe Baxter**



**Parish Office:** 1B Glenview Street, Belfast, BT14 7DP

**Email:** sacredheart@downandconnor.org

**Phone:** 028 9075 1543

**Hours open:** 9am-2pm, Mon, Tues, Wed & Fri.

**Parish Secretary:** Cathy Carroll

**Sacristan:** Collette Delaney

**Acolyte:** Thomas Liddy

**Parish Webpage:** <https://sacredheartparishbelfast.com> Webcam ([sacredheartparishbelfast.com](https://sacredheartparishbelfast.com))

## ~Mass Times~

|                        |                        |  |
|------------------------|------------------------|--|
| <b>Saturday:</b>       | 6:00pm(Vigil):         | Charles Christie, 1st Anniversary Mass |
| <b>Sunday Masses:</b>  | 9:30am:                | Tony Foley, Anniversary                |
|                        | 11:30am:               | Eileen Canavan, Anniversary Mass       |
| <b>Weekday Masses:</b> | Monday 10:00am:        | <b>NO MASS</b>                         |
|                        | Tuesday 7:00pm Novena: |  |
|                        | Wednesday 10:00am:     | Roy Douglas, Anniversary Mass          |
|                        | Thursday 10:00am:      | <b>NO MASS</b>                         |
|                        | Friday 10:00am:        |  |

**Confessions & Adoration:** Saturday: 5:00pm - 6:00pm.

**Divine Mercy:** Friday 2:30pm, Exposition, Prayer and Confessions

## ~Sacrament of Baptism~

Baptisms are held on the 1st & 3rd Sundays of each month, at 12.30pm.

Please contact the parish office to arrange a baptism.

### ~Upcoming Feast Days~

**6th December**  
St Nicholas

**8th December**  
The Immaculate Conception of  
Our Lady

**10th December**  
Our Lady of Loreto

### ~Recently Deceased~

Rebecca Tierney  
Margaret Hughes  
Pauline Ferrin  
Daniel Fenton  
Marian Beattie  
William Craig

*Eternal rest grant unto them,  
O Lord*

### ~Sanctuary Candles~

Ed McLaughlin  
Vera Fox  
Geraldine Murphy  
Ellen Overend  
Margaret Toal  
Patrick Barclay

A Donation of £5 per candle would be  
Greatly Appreciated

### ~Weekly Collection~

£969.80

The Parish Thanks You For Your  
Kindness And Generosity

### The Advent Wreath

Evergreen for everlasting Life  
Circular for God's continuing Love  
Purple candles for penance and pink  
for joyful hope.  
White candle is the light of Christ  
born in each of us.

### ~Anniversaries~

Donal Murphy

*Eternal rest grant unto them,  
O Lord*

## ~A Spiritual Communion~

Jesus, I believe that you are present in the **Most Blessed Sacrament**. I love You above all things, and I  
desire to receive You into my soul. Since I cannot now receive You Sacramentally, come at least  
spiritually into my heart, I embrace You as if you are already there, and I unite myself wholly to You.

**The Lord asks of you only this, that you act justly, love tenderly and walk humbly with your God.  
( Micah 6:8)**

# DATES FOR YOUR DIARY

**Christmas Mass Bouquets are now available from the Parish Office. £2.50 each.**

Our Christmas Reconciliation Service will be on **Thursday 18<sup>th</sup> December** at 7.00pm

Anyone wishing to book a Anniversary Mass, Month's Mind Mass, or Sanctuary Candles, please contact the office during opening hours, leave a message on voicemail, or email your request to [sacredheart@downandconnor.org](mailto:sacredheart@downandconnor.org).

Readers Packs are now available to collect from the office.

**Giving Sunday:** Saturday 13th & Sunday 14th December is Giving Sunday weekend (all proceeds from the second collections on Saturday 13th & Sunday 14th in aid of SVP).

**Crib of Hope. Help deliver a baby in Bethlehem this Christmas.** This year our crib donations are going to the Order of Malta Holy Family Hospital Bethlehem. Just 800 meters from the birth place of Jesus, there is one door that is always open to poor and destitute expectant mothers without discrimination. Your generous donations would be greatly appreciated.

**Misa De Gallo.** 'The Lord is a Lamp for my steps and a Light for my path'. 9 day Novena before Christmas, 16th-24th December, with Very Rev Fr Vincent Cushnahan. Starting at 6pm. St Vincent de Paul Church, 169 Ligoneil Road, Belfast. All are welcome.

**Sacred Heart Stitch & Crochet Group** are having their Annual Christmas Sale of Works after each Mass on Saturday 6th and Sunday 7th December. All proceeds in aid of Parish funds. Come show your support. Christmas gifts and ballots available.

**Recharge Young Adult Group - Advent Retreat** . Aged 18-35? Join us this Advent to prepare well for Christmas but also for the future. Take some time to ask yourself: Where are you in life? Where are you going? Have you found your vocation? How can you live your vocation out more faithfully? Saturday 13th December, 10am-6pm, St Colmcille's Church, Belfast. Free Event. Register via Eventbrite <https://www.eventbrite.com/e/quo-vadis-a-retreat-by-recharge-tickets-1758337688359>

**Tuesday's Child** - Following Yonder Star Christmas Appeal helping children exhausted by war, famine and extreme hardship in: Gaza, Syria, Ukraine, Ethiopia, Uganda, Kenya, India, Pakistan, Brazil, Tanzania. All donations received go to catholic missionaries and diocesan priests caring for children. Visit [www.tuesdayschild.ie](http://www.tuesdayschild.ie)

**Legion of Mary - Our Lady of Good Counsel.** The Legion of Mary has recently launched a women's only praesidium and is seeking new members. Our Lady of Good Counsel praesidium works to assist the Church in its evangelisation efforts. Our work includes leading public rosaries, promoting the Miraculous Medal devotion, and encouraging people in their faith through street and door-to-door evangelisation. We meet on Mondays at 7.30pm at Frank Duff House, 14 Cliftonville Road. All welcome!

**Let's Step up.** A Faith Encounter for Youth and Young Families. Friday 6 December 2025, 10am-4pm, St. Anne's Parish Centre, Kingsway, Belfast, BT10 0NE. Let's Step Up is a joyful celebration of faith, a day filled with music, fellowship, and worship. It's an invitation to take one more step closer to Jesus, deepening our relationship with Him through prayer and community. Word of God: "For to this you have been called, because Christ also suffered for you, leaving you an example, that you should follow in his steps." 1 Peter 2:21. Organised by Jesus Youth Northern Ireland, an International Catholic Missionary Movement approved by the Holy See, committed for serving the Church and evangelizing through personal witness and community life. Contact: Melbin George Manjapallil, Regional Co-ordinator, 07796 500297 or Isona Joseph, Assistant Regional Coordinator, 07732 916536 for info.

**St Malachy's College** will be holding Open Nights on Wednesday 14th and Thursday 15th January 2026 from 7-9.30pm. Principal's Address at 8pm in the College Hall. 36 Antrim Rd, Belfast. For more info call 02890748285 or

**AA Meeting** upstairs in the Parish Centre every Monday & Friday, 6.30pm-7.30pm, Thursday at 7pm. (Ladies Group)

**Narcotics Anonymous (NA)** meeting upstairs in the Parish Centre on Wednesday's at 7pm-8pm.

**Cocaine Anonymous (CA)** meet every Tuesday at 7pm upstairs in the Parish Centre.

**The Spred Group** meet every second Monday in the Parish Hall at 7pm.

**The Stitch and Crocheting Group** meet Thursday evenings, 7pm in the Parish centre. Come along and learn a new skill.

**Lifeline-24hr** 7 days a week 0808 808 8000  
**Samaritans** anytime night or day 116 123  
**St Vincent De Paul** 028 90351561  
**Cancer Lifeline** 028 90 351999  
**AA** 02890351222

**Al-Anon Family Groups** 028 9068 2368  
**PIPS** 0800 088 6042  
**Youth Education Health Advise** 02890 757 809  
**Diocesan Safeguarding Officer** Philip O'Hara 07534 992 124

**Sacred Heart of Jesus, I place all my trust in Thee**

